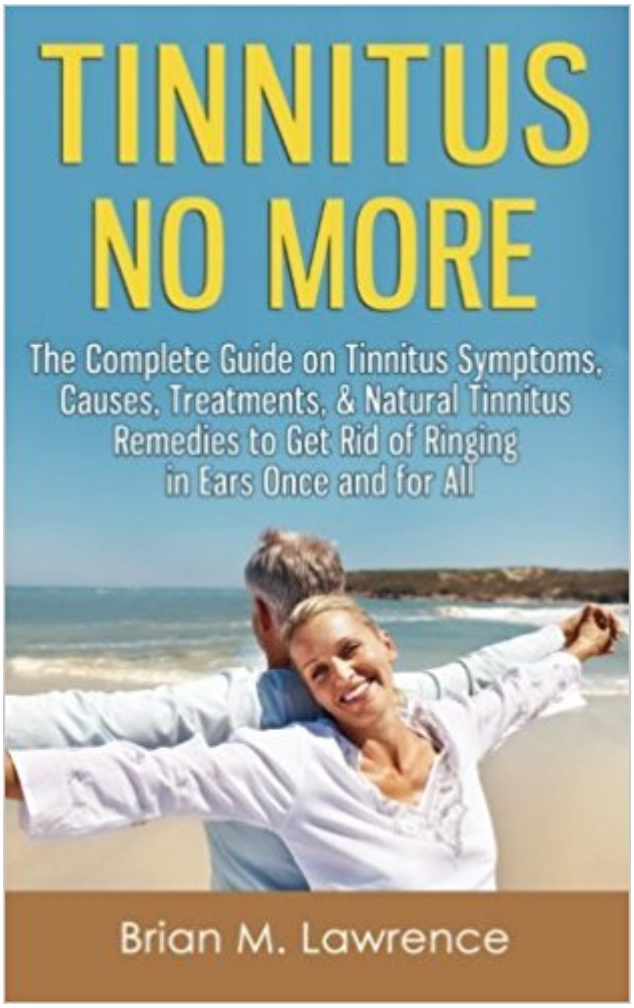
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Tinnitus No More: The Complete Guide On Tinnitus Symptoms, Causes, Treatments, & Natural Tinnitus Remedies To Get Rid Of Ringing In Ears Once And For All




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Synopsis

Tinnitus symptoms can range from annoying to stressful to downright disabling. If you have tinnitus, it is usually something you are desperate to get rid of. Tinnitus, quite frankly hasnÃ¢â ¬â„¢t taken up a lot of room when it comes to research on the various treatments medicine has to offer those with tinnitus. This is partly because doctors donÃ¢â ¬â„¢t know the cause of many cases of tinnitus and because the known causes of tinnitus are many. This means that, in traditional medicine, there are few options for treatment with the exception of some neural medications, anxiety medications and antidepressants that can make a difference in those who have tinnitus. Some of the best ways to manage tinnitus is through alternative and natural remedies. This is where "Tinnitus No More" can help. In "Tinnitus No More", you will learn: Ã Â Ã Â Ã Â Ã Â - How to recognize Tinnitus Ã Â Ã Â Ã Â Ã Â - 3 proven steps to curing Tinnitus by changing your diet Ã Â Ã Â Ã Â Ã Â - 6 time tested and proven strategies for treating Tinnitus naturally Ã Â Ã Â Ã Â Ã Â - WARNING: 3 things you should never do when it comes to treating Tinnitus Ã Â Ã Â Ã Â Ã Â - Simple but often overlooked tips and tricks for preventing tinnitus from happening in the future Ã Â Ã Â Ã Â Ã Â - And much more...

Book Information

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Customer Reviews

After a friend of mine starting having symptoms of tinnitus I was looking for a way to help her. I stumbled on this book by accident but it was a happy accident. The book offered causes for tinnitus and also explained the different types of tinnitus. For my friend one of the most helpful chapters of the book was the natural remedies chapter. After trying several natural remedies including herbal and diet changes she discovered that acupuncture worked best for her. People suffering from

tinnitus are often frustrated by the lack of information available to them. I had read several books on tinnitus before this one and I found this book to be the most educational and helpful.

I recently was diagnoised with hearing loss and Tinnitus. I wanted to find some suggestions for herbal treatments and this book had them. I followed one of the reccommentations and my ringing in my ears has improved, not gone but improved. It had gotten so bad I was not able to sleep, and now I can at least get some rest.Chris WodkeAuthor: Running for My Life-Winning for CMT

A family member that I help care for recently was diagnosed with tinnitus, and I wanted to locate some good information to help them with this condition. This book gave me just what I was looking for. Not only was there very easy to understand information about the condition itself, but the suggestions for relieving symptoms also that were very practical and helpful. Since reading this book, I have a better understanding of how to care for my family member and I have put into practice a few of the treatment methods that are suggested. So far, nearly all the suggestions that we have tried have provided some relief and have been effective.

This is a valuable resource for anyone suffering from tinnitus. This disorder can be debilitating and make a person feel crazy. For those with chronic tinnitus, this is more than just a little "ringing in the ears" and this book helps provide solutions so that sufferers can get their lives back.

This book provided a great introduction to tinnitus as well as a number of good ways to begin dealing with constantly ringing ears. The best thing about this book is that it gives a clear, concise idea of what tinnitus is and how to deal with it on a daily basis without constantly turning to drugs or doctors. The book does not give medical advice, but does give a good idea of what can be expected as you seek medical treatment. All in all, a great intro to tinnitus and great ideas for how to manage it day to day.

I got plenty of valuable advices from the book. It saved me tons of time researching and sifting through the info from googling myself. The chapter about stopping ear damage from deteriorating was very helpful for my aunt, who has been suffering ringing in her ears for several years. Myself can use the info about tinnitus prevention.

Tinnitus or ringing in the ears is a serious condition. This book not only explains what it is, but the

issues it can cause. The book also goes into several conventional and natural remedies which can relieve symptoms. These include, but are not limited to exercise therapy, Gingko biloba, "white noise" machines, and specialized Tinnitus Retraining Therapy. Whether you or a loved one are suffering from tinnitus, this book offers a variety of ways to find relief and to better understand tinnitus as a whole.

Book claims to know how to cure tinnitus.....a bunch of home remedies that don’t have much effect.

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